

REASONABLE EXPECTATIONS

*A successful day of instruction will be safe, fun and educational.
We will strive to set your child up for success and help them learn to enjoy skiing or snowboarding.*

SKIING

AGE	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
4 year old	Balance on equipment while standing still. Glide with skis parallel.	Form and hold a stationary wedge.	Be able to stop by turning left or right using a wedge on the easiest terrain.	Start Linking wedge turns on the easiest green terrain.	Link wedge turns on most green terrain.
5 year old	Form a stationary wedge.	Be able to stop by turning left or right in control using a wedge.	Start linking wedge turns on easiest green terrain.	Link wedge turns on most green terrain.	Link wedge turns on all green terrain.
6-7 year old	Be able to stop by turning left or right using a wedge.	Link wedge turns and stop with control on easiest green terrain.	Link wedge turns on most green terrain.	Link wedge turns on all green terrain.	Match skis at end of turn on green terrain.
8-9 year old	Stop and turn both directions.	Link wedge turns and stop with control on easiest green terrain.	Link wedge turns on most green terrain.	Link wedge turns on all green terrain.	Match skis at end of turn on green terrain.
10-12 year old	Linked wedge turns and stop with control on easy green terrain.	Link wedge turns on most green terrain.	Link wedge turns on all green terrain.	Match skis at end of turn on green terrain.	Link open stance parallel turns on green terrain.

SNOWBOARDING

AGE	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
7 year old	Strap in/out. Flatland Skate and Glide. Introduction to turns and chairlift procedure.	Chairlift riding. Introduction to Heel/Toe side slips and traverses.	Can heel and toe side traverse on easiest green terrain. Introduction to turn initiation on easiest terrain.	Practicing turn initiation. Introduction to skidded turns.	Practicing skidded turns. Introduction to linked skidded turns with rhythm on green terrain.
8-10 year old	Strap in/out. Skate, Glide and Turn on flatland. Chairlift procedures. Introduction to side slips.	Practicing side slips (heels and toes). Introduction to traverses and turn initiation.	Practicing traverses and turn initiation. Introduction to control and finish.	Practicing skidded turns on toes and heels. Introduction to linked skidded turns on easiest terrain.	Practicing linked skidded turns on easiest terrain. Introduction to more difficult green terrain.
11-12 year old	Strap in/out. Skate, glide, turn on flat land. Chairlift procedure. Side slips. Introduction to traverses.	Practicing heel and toe side traverses on easiest terrain. Introduction to initiation, control, and finish of turns.	Practicing turns on easiest terrain. Introduction to linking skidded turns with rhythm.	Linking skidded turns on green terrain. Introduction to more difficult green terrain.	Introduction to linking skidded turns on easy blue terrain.