

# ELDORA

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MOUNTAIN RESORT

## ABILITY LEVELS

### Downhill Skiing, Telemark Skiing or Snowboarding

Each participant will be placed in a class according to her ability level. Please read through the following level descriptions carefully and be sure you have chosen the color that describes your abilities AT THIS TIME, not what you would LIKE to work towards. The color listed is the flag you will stand in front of at 9:30am on the first day of your session.

<u>Color</u>	<u>Description</u>
<b>Red</b>	First time on skis or snowboard. Has <i>never</i> skied or boarded before.
<b>Yellow</b>	Has skied or boarded before. You can ski in a cautious wedge stance on the easiest terrain. Snowboarder can do skidded traverses in both directions and stop when necessary.
<b>Green</b>	You are comfortable on green terrain. You can ski with confident wedge turns and can stop when necessary. Snowboarder can link turns in both directions.
<b>Blue</b>	You are comfortable on most blue terrain. You can ski with wide stance parallel turns and can vary your turn size. Snowboarder can confidently link turns on blue terrain. You might avoid un-groomed snow and/or bumps. Occasionally you lose control of your speed and have to stop and start over.
<b>Black</b>	You ski or ride mostly black runs. You are an all mountain skier or snowboarder. You are a parallel skier or a snowboarder who carves dynamically. You feel confident and under control. You may enjoy ungroomed snow conditions and more challenging terrain.